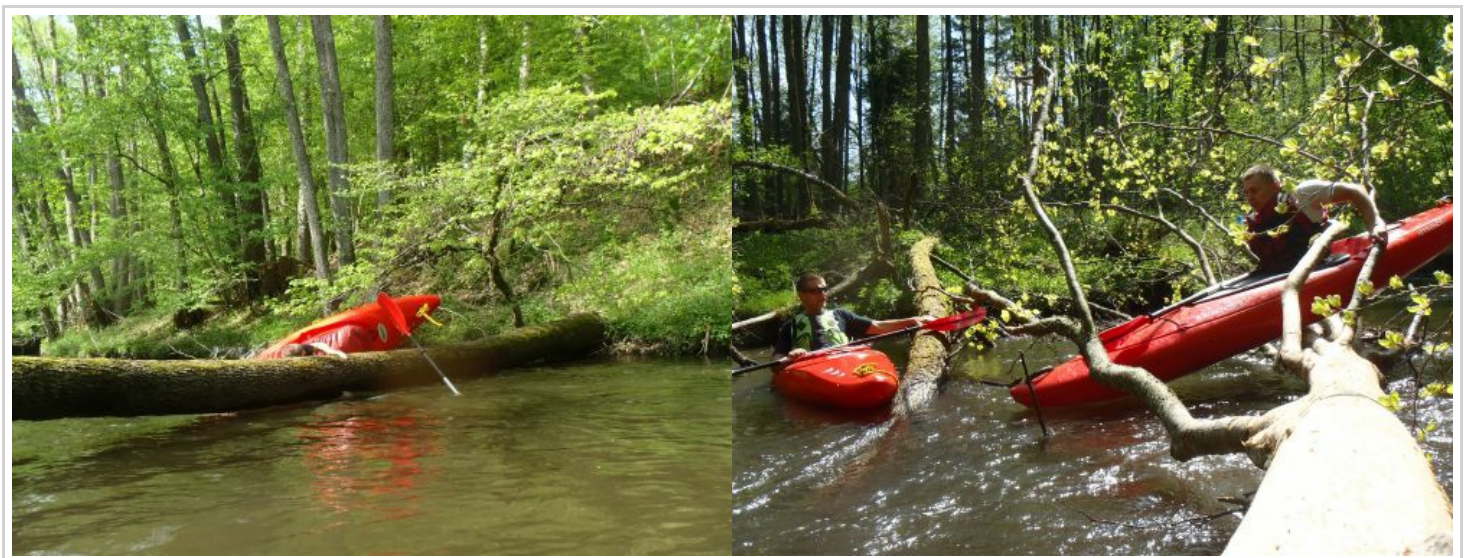


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## Kamienica for trainings

Trudność szlaku:	hard
Rzeka:	Kamienica
Start:	Modrzejewo
Zakończenie:	Kamieńc
Długość:	13 km
Czas spływu:	6 h
Ilość przenosek stałych:	3
Preferowany sprzęt:	single, mountain single
Minimalna liczba uczestników:	8 Person



## Description

Kamienica is a little known river. The river, which is ideal for canoe trainings on rivers with piled up trees. With the right water level it provides a lot of emotions. Stone rapids (WW 1+), water thresholds, interesting piled up trees, which will require a good stretch and bend wait for you here. The route is suitable only for single kayaks - especially for mountain kayaks and kayakers with much experience - those who have already attended more than one trip and are aware of the dangers of rivers with piled up trees.

You will swim under and over the fallen trees. As the name suggests (Kamienica means "made of stones"), there are many the stones in the river :-). If you complete this section of Kamienica you will be able to look calmly at ..... Łupawa