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## Ślupia

Start:	Gowidlino
Zakończenie:	Ustka
Długość rzeki:	141 km
Długość szlaku:	134,6km
Czas spływu:	7 dni
Preferowany sprzęt:	jedynki, dwójki, kanadyjki



### LOCATION OF SŁUPIA:

Ślupia runs through East and West Pomeranian Lake District. It passes Kashubian Lake District, Bytowskie Lake District and Wysocyzna Polanowska; it runs along the border of Wysocyzna Damnicka and Ślupia Plateau. Ślupia originates at the altitude of 178 m above the sea level in peat bog in Kashubian Lake District near Sierakowska Huta. River's estuary is situated in Ustka in the Baltic Sea. As far as four biggest tributaries are concerned the canoeists can use Bytowa, Skotawa and Kamienica.

### DIFFICULTY OF THE ROUTE AND CAMPING CONDITIONS:

Ślupia route is a bit troublesome but the obstacles are usually easy to overcome, you are forced to carry the canoe rarely and for short distances. However, it is good to have an experienced canoeist on the team. This advice applies mainly to the upper section of Ślupia and Stara Ślupia (Old Ślupia). The best kayak to cover this section of route is a single one equipped with kayak shirts. The middle and low sections are easy, safe and available for everybody – for families with children as well. Touristic base is poorly developed and focuses on bigger towns, apart for those places it is difficult to find a bar or even a regular grocery shop. Consequently, Ślupia route is not visited by many people. A major part of the route goes through protected forest area of Ślupia Valley Landscape Park. Bear in mind in the park you are allowed to camp only in six marinas especially designated for canoeists which enable putting up tents and spending the night upon the river (Soszyca, Gołębia Góra upon Lake Głębokie, Gałęźna Mała, Krzynia and Leśny Dwór). These places constitute a perfect place for setting off to admire natural wonders of landscape park. There is much to see here thanks to educational- nature trails organized by the forestry management.

## DESCRIPTION OF SŁUPIA ROAD:

The length of the route is over 134 km which means the canoeists can travel peacefully for 7 days enjoying beautiful scenery. The route begins at Lake Gowidlińskie. The first section up till Soczyca is a difficult one. Here Słupia is like a mountains river: fast current, immense declines up to 4 %, bottom covered with stones, many bended trees, stone thresholds ... Banks are usually overgrown with willows and alders, here you will find the famous "sulęczyńska valley ". Less experienced canoeists should start the route further, omitting the first section between Lake Gowidlińskie and Kajlandia (behind the valley).

The section between Sulęczyn and Gałęzia Mała is rightly included in the list of mountains canoeing routes. Traveling along Słupia Valley provides extraordinary landscape-related experiences. In this area we come across numerous and characteristic for this place lobelia lakes which are overgrown with relic vegetation. Another significant attraction convincing the canoeist to choose this route is the presence of historic hydro-technical buildings of few hydroelectric power stations dating back to 1898-1926 as well as relevant adits, channels, ground dams, weirs, slime separators and traps ... Indeed they are amazing objects and they actually still operate. The only price we have to pay for the possibility of observing this energy river system unique on European scale is the necessity of carrying the canoe which is not much.

Another attraction of Słupia is the possibility of finishing the canoeing route by entering the Baltic Sea with the final on the beach in Ustka – those who have already canoed in the sea don't need much convincing to repeat that in Ustka.

Canoe stanitsas are beautifully situated and usually free of charge which recompenses the lack of organized campsites with full touristic infrastructure on this route – you will not find it here but trust us – it may turn out to be an advantage.

## SUGGESTED ROUTE:

1. Gowidlino -Sulęczyno 14 km
2. Sulęczyno – Bylina 14 km (transport of canoes to Soszyca 2km)
3. Soszyca - Lake Głębokie 19 km (transport of canoes to Gałęźnia Mała 8km)
4. Gałęźnia Mała - Leśny Dwór 15 km
5. Leśny Dwór - Słupsk 23 km
6. Słupsk - Bydlino 18 km
7. Bydlino – Ustka 17 km

Bear in mind two serious events of carrying the canoes:

1. Bylina - Soszyca (2 km)
2. Lake Głębokie - Gałęźnia Mała (8 km)

## MOST IMPORTANT ATTRACTIONS:

- Famous Sulęczyńska Channel
- The building of old mill in Parchowski Młyn
- Słupia Valley Landscape Park
- The oldest Hydroelectric Power Station Struga (Soszyca) in Europe which has been producing the energy since 1925 !!
- Hydroelectric Power Station Gałęźnia Mała – the biggest station on Słupia
- Hydroelectric Power Station Konradowo (Strzegomino)
- Hydroelectric Power Station Krzynia
- Hydroelectric Power Station Skarszów Dolny
- Forest Nature Reservation „Gołębia Góra” („Pigeon's Hill")
- The Castles of Princes of Pomerania in Słupsk
- Castle Mill in Słupsk
- Richter's Garner from the 19th century in Słupsk
- Ruins of early Middle Ages gord from 8th-9th century upon Kamienica

- Forest preserve „Buczyna nad Słupią” („Beech upon Słupia”)